

## Fairfax-Falls Church Community Services Board

January 23, 2013

The Board met in regular session at the Fairfax County Government Center, 12000 Government Center Parkway, Conference Rooms 2 and 3, in Fairfax, VA.

The following CSB members were present: Mark Sites, Chair; Mary Ann Beall, Susan Beeman, Jessica Burmester, Mark Gross, Glenn Kamber, Suzette Kern, Juan Pablo Segura, Lori Stillman, and Pam Barrett

The following CSB members were absent: Ken Garnes and Jane Woods

The following CSB staff was present: George Braunstein, Gary Axelson, Bill Belcher, Belinda Buescher, Ginny Cooper, Jean Hartman, Evan Jones, Dave Mangano, Lisa Potter, Jim Stratoudakis, Alan Wooten, Will Williams and Laura Yager

### 1. Meeting Called to Order

Mark Sites called the meeting to order at 7:33 p.m.

### 2. Matters of the Public

A large group of community members attended, requesting the opportunity to speak. Lt. Col. Sites welcomed the speakers and noting limited time allowed at the Board meeting, encouraged their participation at the Public hearings to be held March, 7<sup>th</sup>, 13<sup>th</sup>, and 20<sup>th</sup>, as well as the online forum being created for submission of written comments.

- Lynne Cramer with Substance Abuse and Addiction Recovery Alliance (SAARA) spoke about the need for continued substance abuse services in relation to the Transformation Plan. While recognizing the Plan is good financially, Ms. Cramer noted it does not adequately provide for continued, essential substance abuse services.
- Linda Liesz with Friends of A New Beginning (FOANB) read text from a substance abuse/mental health work group listing reasons for not cutting substance use services in relation to the Transformation Plan
- Joyce Cantrell with FOANB addressed the effect of the Transformation Plan on substance abuse treatment.
- Toni S, individual with Crossroads; spoke to efficacy of services at Crossroads.
- Ray Showalter, individual with Crossroads, spoke of the essential need for currently offered substance abuse programs to achieve successful lives.
- Brandon Russell identifying himself as individual receiving services quoted from the December 12 meeting.
- Todd Wadford, individual with Crossroads supported retention of current substance abuse programs.
- William Sagan with SAARA noted the proposed reductions will adversely affect the community.
- Christopher Fiorillo individual with Crossroads presented a petition to core services retention with 170 signatures to the Board in support of not cutting any long-term, in-patient treatment program.

- Mike S. identifying himself as an alumnus of Crossroads, A New Beginning, and Steps to Recovery, spoke of not cutting substance abuse services to address budget concerns.
- Eric S. individual with Detox and Crossroads opposed reduction in services stating that length of stay in an inpatient program reduced the chance of incarceration and/or returning for further services.
- Michael Ritz with FOANB requested no reduction in substance services/retention of inpatient care noting peer services are not as effective and need for formal support services to be successful.
- Additional community members spoke on behalf of Crossroads, SAARA, and FOANB on the need to retain substance use disorder services.

### 3. Amendments to the Meeting Agenda

A motion was made and passed to change Agenda Item #6 to – Prevention Presentation from Board Of Supervisors (BOS) Human Services Committee meeting.

### 4. Matters of the Board

Suzette Kern reported on a meeting with Supervisor Jeff McKay in which there was discussion of the CSB First Quarter Fiscal and Oversight Report, State Legislative Issues, the Transformation Plan and the Good Neighbor Program. In addition, Ms. Kern met with Delegate Sickles focusing on the four critical legislative issue areas identified by the CBS. One of Delegate Sickles' top priorities is the NVTC closure.

- Juan Pablo Segura stated support of scheduling monthly site visits and specifically the proposed visit to the Consumer Wellness Center at the Annandale Heritage building to observe Peer Support Initiatives. It was noted the proposed dates include February 25<sup>th</sup>, February 26<sup>th</sup> and February 27<sup>th</sup>.
- Jessica Burmester reported on the following:
  - The meeting with Logisticare and the Department of Medical Assistance Services (DMAS) was attended by many high level representatives as well as CSB Board member Lori Stillman. Logisticare presented a plan for repair of services, which will be distributed to Board members. While acknowledging some current improvements are in place, Ms. Burmester noted there remain transportation concerns that are critical for individuals leaving the training centers. To further monitor this contract, Ms. Stillman and Ms. Burmester have accepted an invitation to join the Logisticare Advisory Committee.
  - The letter to Virginia Governor McDonnell has been modified to include Board member input and it was agreed the letter is ready to be sent.
  - Ms. Burmester and Supervisor Cook visited a CSB operated group home with the Good Neighbor Initiative.

- A proclamation will be presented before the BOS on February 26, 2013 on Intellectual Disability Inclusion Month and Board members were encouraged to attend
- Lt. Col. Sites reported on the following:
  - At the BOS Human Services Committee January 22 meeting, he presented on the topic of prevention (Item #6, below) as well as the status of the second quarter fiscal report to be delivered in February. In addition an update was provided on the Transformation Plan process including scheduled work sessions and public hearings.
  - The CSB is scheduled to present at the County budget hearings on April 10, beginning at 3:00 PM in slots #6, 7, & 8.
- Belinda Buescher, distributed copies of the VACSB 2012 Annual Report Building Resilient Communities, noting the CSB is listed three times in the report including Supervisor McKay's article on the ITC program, Chairman Sharon Bulova in attendance at the ITC graduation ceremony and an article on the launch of the Jail Diversion Housing Initiative.

#### 5. Approval of the Minutes

A motion was offered by Mark Gross for approval of the December 12, 2012 Board Work Session minutes and the December 19, 2012 minutes of the Fairfax-Falls Church Community Services Board meeting. The motion was seconded and carried.

#### 6. Creating a Systems Approach to Prevention

Laura Yager presented recommendations for the Prevention program in response to the County Executive July 2012 Work Plan that requested innovative solutions to preserve a county-wide level program given budget constraints. Innovations considered included merging or contracting with another County agency or department, creation of a separate prevention system, or elimination of the program. The Prevention program is supported with a block grant requiring .20¢ of each dollar be spent on prevention with a current allocation of \$507,000, and with this in mind, a proposal was developed to move the Prevention program to Neighborhood and Community Services which meets the grant criteria. This recommendation was presented at the January 22<sup>nd</sup> BOS Human Services meeting in which the BOS were advised this is a recommendation only and had not been voted on by the CSB Board. Following discussion in which it was noted there is a July 1, 2013 timeframe being considered for this plan, Board members requested additional time for study and research on this matter.

Mr. Kamber offered a motion to request the Board of Supervisors postpone a decision on the recommendation to consolidate the Prevention program which was seconded and approved. Mr. Kamber offered to draft a letter to the BOS clarifying the CSB's position on this matter.

Following concerns expressed by some Board members with CSB issues being presented to the BOS and the Human Services Council prior to CSB presentation, it was agreed moving forward, the CSB Board must first be briefed to allow time for review and consideration.

## 7. Committee Reports

### A. *External Committee:*

- Lt. Colonel Sites reaffirmed the scheduling of monthly site visits and formulating a visit that affords Board members the opportunity to experience the ‘consumer experience’ as well as becoming familiar with the various services. Referencing the tragedy at Sandy Hook Elementary School; the BOS has expressed an interest in learning how Fairfax County addresses this type of event. Mr. Kamber has offered to draft a letter for the BOS.

### B. *Internal Committee:* There was no report available.

### C. *Fiscal Oversight Committee:*

- Mr. Kamber reported the Committee completed a review and is drafting a final version of the second quarter fiscal report on revenue and expenditures. Mr. Kamber will also work to provide a framework on the transformation in FY 2014 budget process.

## 8. Executive Directors Report

Chairman Sharon Bulova along with her staff is taking the Mental Health First Aid training at end of month, January 30<sup>th</sup> and 31<sup>st</sup>.

### A. *Legislative Update:*

- Legislation on Mental Health First Aid is moving forward.
- Child Mental Health and DOJ garnering most attention.
- Most likely to receive \$700,000 to maintain the beds at the Northern Virginia Mental Health Institute, however, still remain six beds short of the goal, and as Department of Behavioral Health and Developmental Services (DBHDS) Commissioner Stewart has already testified, it is unlikely further funding will be forthcoming.
- There is a small amount of Discharge Assistance money still available, but it is very limited; surplus from unspent local inpatient funding.

### B. *Fairfax County Budget Update:*

It appears two thirds of the reduction items submitted will be accepted with the one-third being restored to include administrative positions. While this process is still ongoing, it seems service area reductions are for the most part being avoided.

### C. *Training Centers-DOJ Agreement Update:*

- Appears likely that Northern Virginia will get \$500,000 to address children’s mental health Crisis Care services.
- Regional executives met with the DBHDS Commissioner Stewart and staff to discuss issues related to the relocation of individuals from training center and there was

acknowledgement of the difficulty with this process and working to find appropriate homes, services and training of the individuals.

Actions Taken –

- ♦ Approval of the December 12, 2012 CSB Board Work Session minutes and December 19, 2012 meeting minutes.
- ♦ Agreement to send letter to Governor McDonnell
- ♦ Mr. Kamber to draft a letter to the BOS clarifying the CSB's position on consideration of consolidation of the Prevention Program
- ♦ Mr. Kamber will draft a letter to the BOS detailing how the CSB would respond to a Sandy Hook type of event.

There being no further business to come before the Board, a motion to adjourn was offered, seconded and carried. The meeting was adjourned at 10:16 p.m.

February 27, 2013

Date

  
Staff to Board